

APRIL 2026

TASTY

HEALTHY

FUN

VARIETY

BALANCED

Name of the menu : K-12 D Breakfast w Cereal & Protein Menu

Meal Pattern :NSLP

Grade : K-12 Grades

Meal : Breakfast

Week VI BREAKFAST	Wednesday, 4/1/2026	Thursday, 4/2/2026	Friday, 4/3/2026
	Assorted Granola Pack On Yogurt Cup	Cinnamon Roll	Honey Breakfast Bun
	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit
Entrée of the Day is 2 Whole Grain Items Equivalent.			

Week I BREAKFAST	Monday, 4/6/2026	Tuesday, 4/7/2026	Wednesday, 4/8/2026	Thursday, 4/9/2026	Friday, 4/10/2026
	Assorted Cereal Bowl & Hard Boiled Egg	Blueberry Pomegranate Breakfast Bar	WG Loaf & Cheese Stick	Nature Valley Crisps & Yogurt Cup	Fun Friday Breakfast Mini Glazed Donut Bites
	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit
Entrée of the Day is 2 Whole Grain Items Equivalent.					

Week II BREAKFAST	Monday, 4/13/2026	Tuesday, 4/14/2026	Wednesday, 4/15/2026	Thursday, 4/16/2026	Friday, 4/17/2026
	Assorted Large Cereal Bowl	Mini Banana Squares & String Cheese	Sliced Bagel w/ Strawberry Cream Cheese	Apple Fritter Bun	Assorted Granola Pack On Yogurt Cup
	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit
Entrée of the Day is 2 Whole Grain Items Equivalent.					

Week III BREAKFAST	Monday, 4/20/2026	Tuesday, 4/21/2026	Wednesday, 4/22/2026	Thursday, 4/23/2026	Friday, 4/24/2026
	Assorted Cereal Bowl & Yogurt Cup	Betty Crocker Bar & Hard Boiled Egg	Vanilla Waffle	WG Muffin & Cheese Stick	Fun Friday Breakfast Dunkin Stix
	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit
Entrée of the Day is 2 Whole Grain Items Equivalent.					

Week IV BREAKFAST	Monday, 4/27/2026	Tuesday, 4/28/2026	Wednesday, 4/29/2026	Thursday, 4/30/2026
	Assorted Large Cereal Bowl	Cranberry Oatmeal Bar	Nature Valley Crisps & Cheese Stick	Apple Breakfast Bites
	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit
Entrée of the Day is 2 Whole Grain Items Equivalent.				

*** Three Items meet USDA requirements (One Item must be fruit).

Skim & 1% milk served daily.

This menu is 100% pork-free.

This menu uses WG products and 100% full-strength juices in all featured places. Check page 2 to know more about what goes into our menus and to take a peek at the upcoming menu plan.



APRIL 2026

TASTY

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VARIETY

BALANCED

Name of the menu : MTS Secondary School Grades 7-8 Lunch menu
Grade : 7-8 Grades

Options : Hot, Hot Vegetarian ,Cold Meals & Deli Salads
Meal Pattern : NSLP

		Wednesday, 4/1/2026	Thursday, 4/2/2026	Friday, 4/3/2026
Week VI	HOT MEAL	Brunch Lunch French Toast Sticks w/ Syrup PC Potato Smiles Assorted Salad Bar Daily Fruit & Choice Milk	Walking Taco Nacho Cheese Doritos, Seasoned Beef Taco & Taco Rice Shred Cheddar Cheese & Hot Sauce Assorted Salad Bar Daily Fruit & Choice Milk	Mini Cheese Pizza Triangles Assorted Salad Bar Daily Fruit Choice Milk
	HOT VEG	Cheese Croissant Sandwich	Bean & Cheese Pupusa w/ Salsa	Creamy Mac & Cheese & WG Roll
	COLD	Chicken Club Hoagie	Green Chicken Wrap	Honey Mustard Chix Pasta w/ WG Roll

		Monday, 4/6/2026	Tuesday, 4/7/2026	Wednesday, 4/8/2026	Thursday, 4/9/2026	Friday, 4/10/2026
Week I	HOT MEAL	Premium Chicken Patty Sandwich WG Bun & Ketchup Chilled Potato Salad Assorted Salad Bar Daily Fruit & Choice Milk	Fun Brunch Chicken Pancake Bites w/ Syrup Sweet Potato Sticks Fry Assorted Salad Bar Daily Fruit & Choice Milk	Beef Pretzel Dog Served with Ketchup Assorted Salad Bar Daily Fruit & Choice Milk Yahoo! Special Chips Day! Flamas	Asian Chicken & Veg Fried Rice Sesame Chicken Served with Veggie Fried Rice Assorted Salad Bar Daily Fruit Choice Milk	Pizza Crunchers Assorted Salad Bar Daily Fruit Choice Milk
	HOT VEG	Cheese Quesadilla	Grilled Cheese Sandwich	Pizza Triangles	French Bread	Veggie Garden Nuggets w/ Ketchup & WG Roll
	COLD	Turkey & Cheese on WW Bread w/ Mayo	Citrus Chicken Bun	Turkey & Cheese on Bagel	Chicken Salad Bun	Egg Salad on WW Bread

		Monday, 4/13/2026	Tuesday, 4/14/2026	Wednesday, 4/15/2026	Thursday, 4/16/2026	Friday, 4/17/2026
Week II	HOT MEAL	All Beef Hot Dog Hot Dog Bun, Ketchup & Mustard Assorted Salad Bar Daily Fruit & Choice Milk Hooray! Special Chips Day! Cool Ranch Doritos	Twin Faves Day Chicken Nuggets w/ Ketchup Creamy Mac & Cheese Assorted Salad Bar Daily Fruit & Choice Milk	Beef Taco Seasoned Beef Taco, Taco Rice, WG Tortilla Fill the taco with Shred Lettuce, Shred Cheddar Cheese & Hot Sauce Assorted Salad Bar Daily Fruit & Choice Milk	Spicy Chicken Tender Shack Chicken Tenders, WG Bun & Coleslaw Enjoy as a sandwich or savor the tenders solo with the ketchup(served with the meal) Assorted Salad Bar & Daily Fruit Choice Milk	Cheesy Lasagna Assorted Salad Bar Daily Fruit Choice Milk Fresh Dinner Roll w/ Butter
	HOT VEG	Chz Breadsticks w/ Italian Dip	Mac & Cheese Bites w/ Ranch	Veggie Garden Nuggets w/ Ketchup & WG Roll	Cheese Stuffed Hot Pocket / Dip	Mini Waffles & Omelet
	COLD	Grilled Chicken & Cheese Bun	Deli Turkey on WW Bread w/ Mayo	Banh Mi Chicken on Flatbread	Turkey & Chz on Hoagie w/ Mayo	Chicken Caesar Wrap

		Monday, 4/20/2026	Tuesday, 4/21/2026	Wednesday, 4/22/2026	Thursday, 4/23/2026	Friday, 4/24/2026
Week III	HOT MEAL	Roasted Chicken Drumstick Mashed Potatoes, WG Dinner Roll Assorted Salad Bar Daily Fruit Choice Milk	Chicken Hash Shredded Chicken & Hashbrowns Bake Top with Sour Cream & Shred Cheddar Corn Loaf, Assorted Salad Bar Daily Fruit & Choice Milk	Roasted Beef on WG Sub Roasted Philly Style Beef, Shredded Mozzarella Cheese, Lime Slaw & WG Sub Assorted Salad Bar Daily Fruit Choice Milk	General Tso Chicken Veggie Fried Rice Assorted Salad Bar Daily Fruit Choice Milk	Beef Taco Roll-up w/ Hot Sauce Assorted Salad Bar Daily Fruit Choice Milk Yahoo! Special Chips Day! Nacho Cheese Doritos
	HOT VEG	Veggie Garden Burger	Buttermilk Pancakes & Omelet w/ Syrup	Pizza Triangles	Rosy Ravioli & WG Roll	Brunch Egg Chilaquiles served w/ Nacho Doritos, Mexican Rice & Crema
	COLD	Pesto & Provolone Chicken Bun	Turkey Bun w/ Mayo	Peanut Free Butter Sandwich	Green Chicken Wrap	Honey Mustard Chix Pasta w/ WG Roll

		Monday, 4/27/2026	Tuesday, 4/28/2026	Wednesday, 4/29/2026	Thursday, 4/30/2026
Week IV	HOT MEAL	Premium Chicken Nuggets Mix or Match sauce Ranch & Buffalo Sauce Mashed Potatoes WG Dinner Roll & Assorted Salad Bar Daily Fruit & Choice Milk	Cheeseburger Bun, Chz Slice, Ketchup & Mayo Potato Smiles Assorted Salad Bar Daily Fruit & Choice Milk	Creamy Mac & Cheese Assorted Salad Bar Daily Fruit Choice Milk Woohoo! Special Treat Day! Confetti Cookie	Pulled Chicken Taco Seasoned Pulled Chicken Taco, WG Tortilla, Seasoned Black Beans Fill the taco with Shred Lettuce, Shred Cheddar Cheese & Crema Assorted Salad Bar Daily Fruit & Choice Milk
	HOT VEG	Pizza Crunchers	French Bread	Veggie Garden Nuggets w/ Ketchup	Egg Scramble & Black Bean Taco
	COLD	Turkey & Cheese on WW Bread w/ Mayo	Grilled Chicken & Cheese Bun	Turkey & Cheese on Bagel	Chicken Club Hoagie

Hot Veg and Cold meals are served with vegetables, fruit of the day & milk.

DELI SALADS	Grilled Chicken Caesar Salad	Grilled Asian Chicken Salad	Grilled Chicken SW Taco Salad	Classic Turkey & Egg Chef Salad	Quinoa Powerbowl Chicken Salad
	(Veg Option) Caesar Salad w/ Egg	(Veg Option) Asian Salad w/ Egg	(Veg Option) SW Taco Salad w/ Egg	(Veg Option) Classic Chef Salad w/ Egg	(Veg Option) Quinoa Powerbowl Salad w/ Egg

Deli Salad choices offered everyday. Both Regular & Vegetarian options are available. Vegetarian choices come with egg or cheese in the place of meat. All deli salads come with fruit and milk)

Assorted Fluid Milk / Fluid Milk Substitute Choices offered.

This menu is 100% pork-free.

This menu uses WG products and 100% full-strength juices in all featured places. Check page 2 to know more about what goes into our menus and to take a peek at the upcoming menu plan.



APRIL 2026

TASTY

HEALTHY

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VARIETY

BALANCED

Name of the menu : MTS Secondary School Grades 9-12 Lunch menu
Grade : 9-12 Grades

Options : Hot, Hot Vegetarian , Cold Meals & Deli Salads
Meal Pattern : NSLP

		Wednesday, 4/1/2026	Thursday, 4/2/2026	Friday, 4/3/2026
Week VI	HOT MEAL	Brunch Lunch French Toast Sticks w/ Syrup PC Potato Smiles Assorted Salad Bar Daily Fruit & Choice Milk	Walking Taco Nacho Cheese Doritos, Seasoned Beef Taco & Taco Rice Shred Cheddar Cheese & Hot Sauce Assorted Salad Bar Daily Fruit, Juice Box & Choice Milk	Mini Cheese Pizza Triangles Assorted Salad Bar Daily Fruit Choice Milk
	HOT VEG	Cheese Croissant Sandwich	Bean & Cheese Pupusa w/ Salsa	Creamy Mac & Cheese & WG Roll
	COLD	Chicken Club Hoagie	Green Chicken Wrap	Honey Mustard Chix Pasta w/ WG Roll

		Monday, 4/6/2026	Tuesday, 4/7/2026	Wednesday, 4/8/2026	Thursday, 4/9/2026	Friday, 4/10/2026
Week I	HOT MEAL	Spicy Chicken Patty Sandwich WG Bun, Ketchup Chilled Potato Salad Assorted Salad Bar Daily Fruit, Juice Box & Choice Milk	Fun Brunch Chicken Pancake Bites w/ Syrup Soft Sweet Potato Sticks Assorted Salad Bar & Daily Fruit Juice Box & Choice Milk	Beef Pretzel Dog Served with Ketchup & Mustard Assorted Salad Bar Daily Fruit & Choice Milk Yahoo! Special Chips Day! Flamas	Asian Chicken Rice Bowl Sesame Chicken & Veggie Fried Rice Assorted Salad Bar Daily Fruit Juice Box & Choice Milk	Pizza Crunchers Assorted Salad Bar Daily Fruit Choice Milk
	HOT VEG	Cheese Quesadilla	Grilled Cheese Sandwich	Pizza Triangles	French Bread	Veggie Garden Nuggets w/ Ketchup & WG Roll
	COLD	Turkey & Cheese on WW Bread w/ Mayo	Citrus Chicken Bun	Turkey & Cheese on Bagel	Chicken Salad Bun	Egg Salad on WW Bread

		Monday, 4/13/2026	Tuesday, 4/14/2026	Wednesday, 4/15/2026	Thursday, 4/16/2026	Friday, 4/17/2026
Week II	HOT MEAL	All Beef Hot Dog Hot Dog Bun, Ketchup & Mustard Assorted Salad Bar Daily Fruit, Juice Box & Choice Milk Hooray! Special Chips Day! Cool Ranch Doritos	Twin Faves Day Chicken Nuggets w/ Ketchup Creamy Mac & Cheese, Dinner Roll Assorted Salad Bar Daily Fruit, Juice Box & Choice Milk	Beef Taco Seasoned Beef Taco, WG Tortilla Fill the taco with Mexican Rice, Refried Beans, Shred Chz & Hot Sauce Assorted Salad Bar Daily Fruit & Choice Milk	Spicy Chicken Tender Shack Chicken Tenders, WG Bun & Coleslaw Enjoy as a sandwich or savor the tenders solo with the ketchup(served with the meal) Assorted Salad Bar & Daily Fruit Juice Box & Choice Milk	Cheesy Lasagna Assorted Salad Bar Daily Fruit Choice Milk WG Roll w Butter
	HOT VEG	Cheese Breadsticks w/Italian Dip	Mac & Cheese Bites w/ Ranch	Veggie Garden Nuggets w/ Ketchup & WG Roll	Cheese Stuffed Hot Pocket / Dip	Mini Waffles, Yogurt & Omelet
	COLD	Grilled Chicken & Cheese Bun	Deli Turkey on WW Bread w/ Mayo	Banh Mi Chicken on Flatbread	Turkey & Chz on Hoagie w/ Mayo	Chicken Caesar Wrap

		Monday, 4/20/2026	Tuesday, 4/21/2026	Wednesday, 4/22/2026	Thursday, 4/23/2026	Friday, 4/24/2026
Week III	HOT MEAL	Breaded Chicken Drumstick Hearty Dinner Roll w/ Butter Mashed Potatoes Assorted Salad Bar Daily Fruit, Juice Box & Choice Milk	Chicken Hash Shredded Chicken & Hashbrowns Bake Top with Sour Cream & Shred Cheddar Corn Loaf, Assorted Salad Bar Daily Fruit, Juice Box & Choice Milk	Roasted Beef on WG Sub Roasted Philly Style Beef, Limeslaw, Swiss Cheese & WG Sub Assorted Salad Bar Daily Fruit Choice Milk	General Tso Chicken Veggie Fried Rice Assorted Salad Bar Daily Fruit Juice Box & Choice Milk	Beef Taco Roll-up w/ Hot Sauce Assorted Salad Bar Daily Fruit Choice Milk Yahoo! Special Chips Day! Nacho Cheese Doritos
	HOT VEG	Veggie Garden Burger	Buttermilk Pancakes & Omelet w/ Syrup	Pizza Triangles	Rosy Ravioli & WG Roll	Brunch Egg Chilaquiles served w/ Nacho Doritos, Mexican Rice & Crema
	COLD	Pesto & Provolone Chicken Bun	Turkey Bun w/ Mayo	Peanut Free Butter Sandwich	Green Chicken Wrap	Honey Mustard Chix Pasta w/ WG Roll

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	HOT VEG	Pizza Crunchers	French Bread	Veggie Garden Nuggets w/ Ketchup Wg Roll & Mashed Potatoes	Egg Scramble & Black Bean Taco
	COLD	Turkey & Cheese on WW Bread w/ Mayo	Grilled Chicken & Cheese Bun	Turkey & Cheese on Bagel	Chicken Club Hoagie

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	(Veg Option) Caesar Salad w/ Egg	(Veg Option) Asian Salad w/ Egg	(Veg Option) SW Taco Salad w/ Egg	(Veg Option) Classic Chef Salad w/ Egg	(Veg Option) Quinoa Powerbowl Salad w/ Egg

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